* Every young person and child should know that their race, gender, ability, nationality (or other characteristic or identities) should not stop them enjoying all their rights.
* Nobody should feel that they are treated differently because of who they are.
* All people should accept, respect and value others for who they are.
* All schools should teach and practise and actively celebrate respect for all.
* Learning should include opportunities to empathise with those who are discriminated against.
* Government decisions and the law should show the way against all forms of discrimination.
* Everyone should be open to the fact that we all have prejudices and be ready to challenge them.
* People challenge and speak up about any discrimination they experience or see.
* Newspapers and other information sources should promote and celebrate diversity and inclusion.

What else did you think of? Are there any other characteristics or identities that might cause a person to be discriminated against?

**Article 2 uses some words you might not know very well.**

**Look up *discrimination, ethnicity, race* and *gender* to find out what they mean**

**Try to**  **explain Article 2 to somebody at home now that you know the meaning of these words**

All people are born free and equal in dignity and rights’ – This is the opening of the Universal Declaration of Human Rights. What sort of attitudes and actions in history and in today’s world go against this? What do you feel about this? – Get creative and use art, movement, music or words to express yourself. Share this with your friends.

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* What makes you different from everyone else? What makes you proud to be you?
* What could you do or say to other people to help them feel positive about who they are as people?
* When you see or hear racism and other forms of discrimination what do you do to challenge what you are witnessing?

Think of somewhere that you know well. It might be a library, a park or a swimming pool. Does it welcome everyone? Can all children take part there equally? Talk to your friends or family about what could make this place better for everyone.

Lots of organisations and movements stand against discrimination: Stonewall; Show Racism the Red Card; Black Lives Matter, Disability Rights UK – choose one or more of these and find out more about their work. Share your research with your friends safely on line.