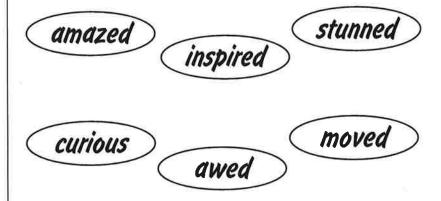
# Ideas for you and your child

- Ask your child about the Wonderful World Quiet Assembly.
- Tell your child about a place you think is the most amazing place you have seen or heard about in the world.
- Who does your family think is a really amazing person? Take a vote.
- Encourage your children to ask 'why' questions about the world.
- The Family Homework sheet helps you with some of these activities.
- Learn some of these 'I wonder' words:



#### PARENT AND CARER GUIDE



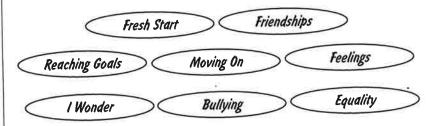
CREATING CONFIDENT WIDS





# What is Creating Confident Kids?

- It's a pack with a great selection of games and activities for all of us to help us get better at understanding feelings and how they affect our learning, the way we act and feel.
- Seven topics are studied in every class from 3–12 years.
- Bullying is studied in every class from 5–12 years.



## What is Emotional Literacy?

Here's how a 7-year-old might say it:

I know what I feel.
I can say what I feel.
I am learning how to handle my feelings.
I know how THEY feel.
I can say how THEY feel.
I am learning how to handle THEIR feelings.

Or in other words...

Learning...
Self-awareness
Self-management
Empathy
Relationship Management

#### I Wonder ...

... looks at our amazing world and people and thinks about Life's Big Questions. The 'I Wonder' theme is introduced in a Special Quiet Assembly.

### What will the children be learning?

Nursery
I can ask a why question about the world.
I can amaze myself.
I can be amazed by others.

I can ask what is wonderful about me and you.
I can ask a question about the world.
I can tell you about an amazing place.

P2-3
I can do many amazing things.
I can find out an amazing fact about others.
I can find out new things about the world.
I can ask questions about the world.
I can think of an amazing place.

P4-5 I can tell someone something amazing about me. I can talk about life and death.

P6–7
I can tell someone what I find amazing about them.
I can tell you about amazing people I admire.
I can tell you about places I find amazing.
I can discuss life's big questions.