

# Meal Deals **£2.10**

**1**

Soup & Sandwich  
+  
Fruit Pot  
+  
Milk or  
Bottled Water



**2**

Salad Box  
+  
Fruit Pot  
+  
Milk or  
Bottled Water



**3**

Main Meal  
+  
Fruit Pot  
+  
Milk or  
Bottled Water



## Price List

Traditional 2 Course Lunch.....	<b>£2.10</b>	Freshly prepared filled rolls and sandwiches.....	<b>£1.10</b>
Homemade Soup .....	<b>50p</b>	Dessert .....	<b>50p</b>
Dish of the day- includes vegetables and potatoes/rice .....	<b>£1.60</b>	Fruit Pots .....	<b>35p</b>
Baked Potato with filling.....	<b>£1.30</b>	Home Baking .....	from <b>35p</b>
Pizza .....	<b>£1.20</b>	Fresh Fruit .....	from <b>15p</b>
Hot Panini.....	<b>£1.40</b>	Milk 200ml carton/cup .....	<b>25p</b>
Pasta Pots.....	<b>£1.30</b>	Flavoured Milk 200ml carton/cup .....	<b>25p</b>
Salad Box .....	<b>£1.60</b>	Fresh fruit juice .....	<b>35p</b>
Toasted sandwiches .....	<b>£1.15</b>	Fairtrade fresh fruit juice.....	<b>55p</b>

# Week 1

22/8, 12/9, 3/10, 31/10, 21/11, 12/12,  
16/1, 6/2, 27/2, 20/3, 24/4, 15/5, 5/6, 26/6

# Week 2

29/8, 19/9, 17/10, 7/11, 28/11, 19/12,  
23/1, 13/2, 6/3, 27/3, 1/5, 22/5, 12/6

# Week 3

5/9, 26/9, 24/10, 14/11, 5/12, 9/1, 30/1  
20/2, 13/3, 17/4, 8/5, 29/5, 19/6

Monday

Lentil soup  
•  
Chicken curry and naan bread  
Vegetable curry and naan bread (V)  
Peas  
•  
Assorted panini  
Side salad  
•  
Frozen yoghurt

Curried carrot soup (V)  
•  
Macaroni cheese (V)  
•  
Chicken sub central  
Spicy bean bar in a sub roll (V)  
•  
Potato wedges  
Peas  
•  
Home baking

Chunky vegetable soup (V)  
•  
Chicken supreme and rice  
Mushroom stroganoff and rice (V)  
Peas  
•  
Assorted toasties  
Side salad  
•  
Chocolate fudge tart

Tuesday

Potato soup (V)  
•  
Shepherd's pie and turnip  
Tomato And vegetable bake (V)  
•  
Assorted pizza  
•  
Potato wedges  
•  
Iced sponge and custard

Chicken noodle soup  
•  
Braised steak and gravy  
Creamed potatoes  
Broccoli  
•  
Vegetable fried rice (V)  
Cheese pizzini (V)  
•  
Iced gingerbread and custard

Cream of chicken soup  
•  
Meatballs and spaghetti  
Vegeballs and spaghetti (V)  
Mixed vegetables  
•  
Chicken poppers  
•  
Potato croquettes  
•  
Fresh fruit salad and cream  
Frozen yoghurt

Wednesday

Chicken and rice soup  
•  
Sweet n sour chicken and rice  
Sweet n sour vegetables and rice (V)  
•  
Salmon fish fingers  
•  
Potato croquettes  
Mixed vegetables  
•  
Home baking

Lentil soup  
•  
Chicken and ham pie  
Creamed potatoes  
Mixed vegetables  
•  
Link sausage in a hot dog roll  
Vegetable nuggets (V)  
•  
Frozen yoghurt

Scotch broth  
•  
Salmon and penne pasta  
•  
Beef burger in a bun  
Quorn burger in a bun (V)  
•  
Potato wedges  
Side salad  
•  
Chocolate sponge and custard

Thursday

Vegetable soup (V)  
•  
Roast beef, yorkshire pudding  
Creamed potatoes  
Cabbage  
•  
Chicken burger in a bun  
Vegetable burger in a bun (V)  
Side salad  
•  
Apple crumble and custard

Potato and leek soup (V)  
•  
Italian mince  
Quorn mince italian style (V)  
Garlic bread  
•  
Chicken goujons  
•  
Potato croquettes  
Carrots  
•  
Banana sponge and custard

Lentil soup  
•  
Steak pie  
Vegetable pie (V)  
Creamed potatoes  
Broccoli and cauliflower  
•  
Assorted pizza  
•  
Side salad  
•  
Ice cream and fresh fruit

Friday

Lentil soup  
•  
Breaded fish, chips and beans  
•  
Pork beano  
Cheese and onion quiche (V)  
•  
Ice cream and fresh fruit

Tomato soup  
•  
Breaded fish, chips and beans  
•  
Broccoli and cauliflower bake (V)  
Chilli wrap  
•  
Ice cream and fresh fruit

Chicken and rice soup  
•  
Breaded fish, chips and beans  
•  
Chicken fajitas  
Vegetable fajitas (V)  
•  
Cupcake Friday

Depending on local availability