

Horse Riding

Whenever you are about to begin horse riding it is important to be prepared. Before you get your horse tacked up you must walk it round the arena to allow your horse to warm up. The equipment you will need is a helmet, body protector, jodhpurs, boots and gloves.

When you are mounting onto your horse get yourself standing at the left side of your horse. When you are standing at the left side of your horse place your left hand on the saddle, your left foot in the stirrup and heave yourself up.

Amy

Very well done but remember to use a sharp pencil.