

Appendix 1

South Ayrshire Council Nursery & Primary Packed Lunch Menu August 2020

Week 1

W/c 10 August, 24 August, 7 September, 21 September, 5 October, 19 October,
2 November, 16 November, 30 November, 14 December

Monday	Tuesday	Wednesday	Thursday	Friday
Chicken sandwich or Cheese sandwich Bag of salad (optional)	Egg mayonnaise sandwich or Cheese sandwich Bag of salad (optional)	Tuna sandwich or Cheese sandwich Bag of salad (optional)	Turkey sandwich or Cheese sandwich Bag of salad (optional)	Tuna sandwich or Cheese sandwich Bag of salad (optional)
Apple	Pear	Banana	Satsuma	Carrot sticks
Primary only (also)				
Popcorn	Baked crisps	Oatie biscuit	Babybel cheese and crackers	Raisins

Week 2

w/c 17 August, 31 August, 14 September, 28 September, 12 October, 26 October,
9 November, 23 November, 7 December, 21 December

Monday	Tuesday	Wednesday	Thursday	Friday
Tuna sandwich or Cheese sandwich Bag of salad (optional)	Turkey sandwich or Cheese sandwich Bag of salad (optional)	Chicken sandwich or Cheese sandwich Bag of salad (optional)	Egg mayonnaise sandwich or Cheese sandwich Bag of salad (optional)	Turkey sandwich or Cheese sandwich Bag of salad (optional)
Pear	Satsuma	Apple	Carrot sticks	Banana
Primary only (also)				
Actimel	Popcorn	Baked crisps	Raisins	Oatie biscuit